

Dual Sport Helmet – Best of Both Off-road & Full-Face Needs.

Some people also call it the Adventure helmet as with this one you basically cover more than just a few sorts of helmet usage. It falls somewhere between a full-face and off-road helmet. Full-face ones usually don't come with a very large eye-protecting visor. But with this type, you are probably getting the facility.

And to use goggles without any problem, it also comes with a snap into up position feature. With an off-road helmet, the visor sometimes gets lifted due to wind. But that's not the case here as it involves an aerodynamic one.

Another thing that makes a dual sport helmet better than an off-road type is that it does not have a protrusive chin bar. So, soundproofing would be great but don't expect much airflow.

It's also one of the **types of helmets** that comes with internal padding. So, comfort is there quite like a full-face helmet. Just the fact that it plays a perfect halfway point between both full face and off-road styles makes it fabulous for both off and on-road rides.

Things That Are Good About It – Great adaptability, safe, serve with multiple configurations, perfect road-to-trail type.

Things That Are Bad About It – Usually costly.

Half Helmet – When in Need for Minimal Head Protection but Excellent Air Flow.

The Pudding Basin or half helmet is one of the affordable **types of motorcycle helmet** and it's the last type on our list. Your head's top section stays covered with this. However, the forehead to brow area would be exposed. And hence the naming.

Now, this already sounds like minimal protection. Why do people get it? Because it serves with great airflow. A few models might be a little extra generous with covering the neck back as well as ears. But mostly, the face is uncovered.

Compared to the full-face type, the protection is specifically low. But gladly, some of the half-helmets are DOT-approved. Due to less protection, the price point is also usually low.

Things That Are Good About It – Excellent airflow, very affordable.

Things That Are Bad About It – Low protection.

What Type of Motorcycle Helmet Should I Get – Let's Help You Sum Things Up.

*Feel sorted yet? Or are you still scratching your head wondering, **what type of motorcycle helmet should I buy?** Well, let's summarize the whole point and try to solve your confusion, this time more specifically. Focus on the pointers given below.*

- If your priority is getting a maximum safety-providing helmet that also excels in fewer hinges and does not lack comfort factor, then full-face helmets can be a great choice.
- Having to stay enclosed inside the helmet throughout the ride sounds too much. But ignoring safety is also not a preference. If that's you, then route for a modular or flip-up helmet.
- You enjoy off-roading mostly and that's the type of ride that you go for with the motorcycle. In that case, well ventilated off-road or motocross helmet would feel light on your head and fit perfectly for your needs.
- Rides with breezes could be your favorite and the open face helmet with its lightweight concept will fit perfectly for such needs. Just make sure you don't need crash protection, which we wonder if anyone would deliberately excuse for tricky terrains (please don't!).
- The dual-sport or adventure helmet would fit the requirement of those who wished to have some goodness from the full-face helmet and others from off-road type. It's a great blend of both basically.
- Not the most flattering one in terms of protection, but still an affordable type for those who need airflow more than anything while riding.

Chapter 2 – Importance of Buying the Right Helmet & Using It.

There are several places that don't legally require you to wear a motorcycle helmet. But despite that, you should not skip wearing it. And the matter is so important that we cannot help but dedicate a whole section to convince anyone who is thinking otherwise. Just give us a few minutes and read the reasons.

Reportedly, you'll have better chances of saving your life during crashes.

According to SCDPS's reports, severe fatalities that were caused by motorcycle crashes had 66% of riders not wearing helmets. This tells how significant for the rider to stay prepared for a road crash is. And that is hardly going to be any close to complete without wearing a helmet.

Fewer risks of head injuries from accident's

At all costs, you must avoid a head injury because that often leads to coma, paralysis, and even death. And according to NHTSA, head injury risks can be reduced up to 67% if you chose to wear a proper safety helmet that got approval.

Sometimes a minor bump or blow can also result in serious consequences such as TBI (traumatic brain injury) and concussion. Not to mention the cognitive, physical, and emotional damage that accompanies the events.

It can safeguard your face, teeth, and even eyes.

If you take the initiative to find one of the [types of motorcycle helmet](#) that specifically targets covering facial features including eyes and teeth, then minor accidents can also be avoided.

Roads have flying gravel and dirt as well as rocks that can hit you in these delicate areas of your face. And that is not good news for obvious reasons. A helmet however would be able to protect you against all those flying stuff as well as things such as tree branches and other objects.

Safe riding along with help in vision & hearing.

On the road, many sorts of sound can make it distracting for you to focus on riding. Such as winds as well as traffic noises. A helmet that comes with soundproofing will keep those unnecessary distractions low.

Also, not to mention the sun hitting your eyes, making it hard to see forward. Something that also can cause accidents. A proper helmet to deal with that issue can be a savior.

Because you want to be a good example to another motorcyclist as well.

Wearing a helmet will not only keep you safe but also help in terms of other fellow rider's security. Simply being an example to other riders will be a good deed from your side. And if someone gets encouraged to wear due to you, it'll be a nice feeling, right?

How Do These Types of Motorcycle Helmet Keep You Safe from An Accident?

Helmets come with crushable foam layers. And this basically makes the gear capable of facing major crashes. As soon as a rider wearing a helmet hits a hard surface due to a crash, the foam layer would face the impact. This makes the foam crush and eventually, the energy from the crash comes under control.

It even extends the stopping time of your head. And it's by 6 MS so that the peak impact on the brain can be lessened. To bear the foam together, helmets would come with a skin that is made of smooth plastic. And it helps in easy skidding on the surface of the crash. This prevents your head from jerking towards a stop.

We have two special suggestions for you to avoid crash resultant damage:

1. Rough pavement and forward speed, if that ever is the scene you must involve in make sure you wear a rounder helmet. These are usually better at skid.
2. A crash sequence might not allow your head to stay inside the helmet. Unless it comes with proper straps. Make sure you invest in a well-fitting helmet that keeps your head on level.

Chapter 3 – Other Essentials Apart From Types of Helmet To Know About.

Just information on the types of helmets won't be enough. You must ponder over a few more things. Basically, what this chapter will be all about.

Things You Must Consider No Matter What Type of Motorcycle Helmet It Is.

- Make sure the specific helmet type that you chose, meets the safety requirements. It should be recognized by anyone out of the three globally accepted safety ratings. DOT, ECE, and Snell.
- There are so many **types of motorcycle helmet**, but one thing that makes all useless would be lacking proper comfort and fitting.
- In the middle of a long ride, you suddenly get this annoying massage headache and who is to be blamed? That poorly fitting helmet with no comfort. So, keep exploring **different types of motorcycle helmets** that serve the purpose as well as blesses with max comfort and proper fit.
- Don't miss checking on the inner foam material. Look at its quality, must be great, and justify the price of the helmet. Also, if it's hypoallergenic or not, in case you have issues. Last but not least, laser-cut can maximize the chances of a fabulous fit. Having removing flexibility would make it easy to wash, so maybe consider that as well.
- A sudden crash just took place and instead of hugging your head the helmet slipped and fall. How vulnerable? But there are such **types of motorcycle helmet** that might make it happen. Unless your priorities have a D-ring strap. Please do! And yes, you can ditch buckles and go for it, these are better at serving the purpose.

Never Understate Proper Motorcycle Helmet Size.

And for that, you need to measure your helmet size. Quite similar to how hat sizing works. Use a fabric measurement tape for that. Let it go across the forehead. And make sure the

tape stays slightly above the eyebrows, around one inch should be good. Then just get the measurement and refer to manufacturer-provided conversion charts to find your size.

Keep In Mind that not all **motorcycle helmet brands** follow the same size chart. So, make sure you ask for the chart and then choose the size according to where you're buying from.

Here's a general sizing guide for an idea:

- 63 to 64 cm = Double Extra Large.
- 61 to 62 cm = Extra large
- 59 to 60 cm = Large
- 57 to 58 cm = Medium
- 55 to 56 cm = Small
- 53 to 54 cm = Extra Small
- 51 to 52 cm = Double Extra Small

How Tight Is Too Much Tight – Proper Fit Key!

The helmet is too tight and not the right fit if:

- It is not comfortably snug.
- Causes pressure points.
- There are side-to-side movements while riding.
- There are up and down movements while riding.

The Anatomy of the Safest Motorcycle Helmet

Different **types of motorcycle helmet** would slightly differ in individual anatomy. However, if we have to imagine the world's safest motorcycle helmet, then it should contain anatomy like such:

- A well-made outer shell that can keep the head safe from any impact as well as abrasion. No outer objects shall penetrate through it such as insects or rocks.
- Shock and impact absorbing liner that helps the outer shell to prevent any object from entering the helmet.
- Head resting comfort padded layers that are often seen in **cool motorcycle helmets** allow airflow and sweat reduction.
- Chinstrap included a retention system that consists of dual d-rings. These are usually seen in several **types of motorcycle helmet** for keeping the chin area safe from crash-related injuries.
- Visor or shield for face to keep debris and bugs away during rides.
- Additional protection provides cheek pads that comfortably rest against the rider's cheeks.

Most Recognized Helmet Safety Standards.

Different **types of motorcycle helmet** would carry varying safety standard recognitions. However, mostly it is one out of these:

1. The DOT-certified ones are confirmed to perform on the basis of most basic as well as least margin features for safety. It focuses on skull safety, not face or chin, by the way. Most ADV or full-face types come with DOT certification.
2. Helmets that contain the ECG 22.05 sticker are meant to guarantee safety from fatal events. It's an extensive test resultant assurance and usually targets integrated safety features.
3. The most respectable, SNELL M2015 ratings ensure that the helmet has golden quality standards for safety. It's by far the best one and also because of such value, the helmets tend to cost more.

Deciding The Practical Budget – Don't Spend Too Little on Your Safety.

Don't make the mistake that a lot of beginner riders make. And it's spending too little on this really important piece of safety gear. You should know by now why, after spending this much time reading on the safety relevance.

Now the question could be, how much exactly is a sensible budget for buying a decent quality motorcycle helmet for safety purposes. Here's what we think.

On average, the price of a motorcycle helmet would fall between 200 to 400 dollars. Beginners should invest in helmets ranging between 150 to 300 dollars as that budget pretty much ensures good quality. If you are really feeling it, and don't mind investing in slightly expensive but confirmed above average quality features, then consider a budget between 400 to 750 dollars.

However, there are also the basic ones that are as low as 80 dollars, but you cannot expect a great quality performance from them. While those who spend 700-750 dollars on helmets are often found never going back to the cheaper options. And you can only realize the reasons after actually using and experiencing one

Chapter 4 – Frequently Asked Questions.

What type of motorcycle helmet is most comfortable?

The most comfortable type of helmet would be dual-sport helmets. As these are meant to come with extra padding like the full-face type to allow your head to rest. Also, you can enjoy the breeze by flipping the front in case of limited airflow.

What is the safest type of motorcycle helmet?

Full-face helmets are one of the **types of motorcycle helmet** out there. If you get a model that includes complete head neck coverage, reduction of potential impact, and proper foaming, then it would be the safest helmet to get.

What type of motorcycle helmet is the best for beginners?

Modular, as well as full-face helmets, are two of the most beginner-friendly **types of motorcycle helmet** out there. These are great at protection as well as less restriction.

What type of motorcycle helmet is lightweight?

Off-road as well as open head helmets are two **types of motorcycle helmet** that are usually pretty lightweight. You can also find helmets of other types that are less heavy on the head though. The ones that don't include dual visor design as well as chin bar reinforced, are usually lighter.

What type of motorcycle helmet is the best for ladies?

Hard shell included ones are usually the preferable **types of helmets for ladies**. However, some might prefer lightweight ones. It's actually not about gender when choosing helmets. The characteristics one needs for a comfortable ride are what should be the focal point.

What type of motorcycle helmet is the best long ride?

The ones that come with good built-in quality, would feel light on the head, provide isolation from wind noise, and of course, comfortable is the perfect long-ride helmet to get.

How many years does a motorcycle helmet last?

Most of the well-made helmets should last you around 5 years. However, some manufacturers do suggest buying a new one every 3-5 years.

Does dropping a helmet ruin it?

Most **types of motorcycle helmet** are meant to withstand crashes, so no, dropping won't ruin it. However, if that keeps happening frequently, then the performance shall degrade eventually. So, you should try to avoid drops and falls.

Is a motorcycle helmet still good after an accident?

If during the accident, you had your head stuck on anything, then most probably the helmet absorbed impact shock. You cannot tell how much though. And so, the effectiveness of that helmet will drop.

So, if it is possible, then go for a replacement. In case the protective layer has lost its integrity, then it won't be very helpful at protecting your head in case of another accident.

Wrapping Up

So, you now know the 6 most common **types of motorcycle helmet**, the importance of wearing one, other choice-making essentials, practical budget deciding mantra, and a lot. Did it help? We really hope so!

The **best type of helmet for motorcycle** that you can get should be something fulfilling your riding necessities. And those are going to be also the key deciders of which type specifically you should buy. However also think about the riding situations, weather, and terrains.

If there's one thing you must take from this writing, then we feel it should be making sure the fit is right! That one thing often makes the potential best helmet work like poor disappointment due to continuous wobbling and uncomfortable feel. Hope that never becomes your case.

And on that note, we would like to take your leave. We will be back with some other essential riding pieces soon, take care!